

Feeding Liverpool October 2020 Impact Report

1. Introduction

During the Covid-19 pandemic Feeding Liverpool have been playing a key role in the procurement and distribution of food supplies to support vulnerable households across Liverpool. As outlined in our previous Impact Reports, this role is in addition to Feeding Liverpool's existing aims to:

- Create arenas for practitioners to share and shape good practices in relation to tackling hunger and food insecurity in Liverpool
- Draw on experiences from the ground to contribute to and influence policy debates locally and nationally
- Raise awareness and develop greater public understanding of food policy and related issues

This impact report details how these funds were used during October and offers some preliminary analysis based on the data available. This report also contains case studies from households in receipt of food provision during October 2020, which offer valuable insight into some of the challenges facing households in Liverpool.

2. Supporting food supply in Liverpool: October 2020

During October 2020 Feeding Liverpool received funding from Feeding Britain to be used to support the food supply of vulnerable households in Liverpool.

Feeding Liverpool's steering group identified two tiers in the food insecurity ecosystem where our support could be particularly effective:

- Supporting organisations providing emergency food provision to vulnerable households whose demand may have increased, or food supply chain been disrupted during CV-19 (e.g. foodbanks or those supplying emergency food parcels).
- Supporting organisations running longer term food insecurity initiatives whose membership may have increased, or food supply chain been disrupted during CV-19 (e.g. community markets and food pantries).

Recognising that it is not possible for Feeding Liverpool to support every organisation addressing food insecurity in Liverpool, **Table 1** details how we allocated our resources in October.

The six organisational groups supported were:

- North Liverpool foodbank
- South Liverpool foodbank
- L11 Food Hub – emergency food parcels and support for their afterschool club food provision
- St Andrews Community Network: Your Local Pantry – St George's Pantry, Everton; Christ Church Pantry, Norris Green, St Andrews Pantry, Clubmoor and Kensington Fields Pantry, Kensington
- Kensington Fields Community Association (KFCA) – supporting their October half term holiday hunger provision
- Nugent Care – including Epsom Street Community Market

2.1 Data analysis

2480 food parcels were distributed by these organisations during October (Table 2). **1810 of these went to adult-only households; 670 went to household with children.**

1533 unique households were supported by these six organisation groupings during October, 667 of these households had children living in them.

The number of food parcels distributed by our **Trussell Trust foodbanks** (North Liverpool foodbank and South Liverpool foodbank) continues to **rise steadily** since August (see our September impact report for a detailed analysis).

The Your Local Pantry network in the north of Liverpool has continued to grow as **three new pantries joined the network in October**: Holy Trinity, Anfield; YKIDS Bootle and Millennium mobile Pantry in West Derby.

473 households are now members of the Your Local Pantry network in North Liverpool, which supports 807 adults and 542 children.

L11 Food Hub continue to see a reduction in the number of food parcels they are distributing, however as their case study indicates they continue to play an important role in providing up follow up care and support for households which are signposted to the Hub.

Nugent Care continue to support a significant number of households via Epsom Street community market and their targeted food parcel delivery, which they have reported as seeing increase during the start of the second lockdown. They are exploring the possibility of developing their community market into a more sustainable pantry model in the New Year.

Kensington Fields Community Association ran a holiday hunger programme during the October half term. They supported **182 households in Kensington with food parcels and cooked meals** – including 125 households with children. Each parcel contained a minimum of 5 lunches and 5 breakfasts and five portions of fruit – therefore supporting over 1250 meals to households with children in October. Kensington Fields Community Association also provided an additional 85 cooked meals during Coober half term.

Support from Feeding Liverpool continues to make significant impact on the total food supply of these six organisation groups – ranging from 5% of the food supply of North Liverpool foodbank to 33% of the Nugent Care. As an average across the 5 groupings who reported on their budgets, **our support contributed 18% of an organisation's food supply.**

3. What difference has Feeding Liverpool's support made to the organisations?

St Andrews Community Network – Your Local Pantry: "The support Feeding Liverpool has given enables us to make sure each pantry is stocked with a balanced selection of nutritional produce whilst working with local independent business. We can provide fresh meat, fresh fruit and veg, ambient and food from FareShare in tackling food waste. From September we have needed to start to pay our FareShare Fee's which have resumed after the Covid 19 funding for them has ceased."

North Liverpool foodbank: "We have used the money that was donated from Feeding Liverpool for the month of October on ambient stock that we were low on."

South Liverpool foodbank: "We have used the funds supplied to us by Feeding Liverpool to purchase jam, sponge puddings and toiletries including shampoo, laundry gel, toothpaste, shower gel, deodorants, and toilet rolls, of which we have low stock levels."

Nugent Care: "The Caritas team at Nugent run a weekly food market and food parcel delivery service to reach those self-isolating or shielding, targeting those most in hardship. We provide food parcels across the Liverpool City Region, which supports people of all ages and backgrounds. Thank you once again to all involved with Feeding Liverpool for the support you have given to us. It's made a huge difference to the people we serve."

4. Case Studies

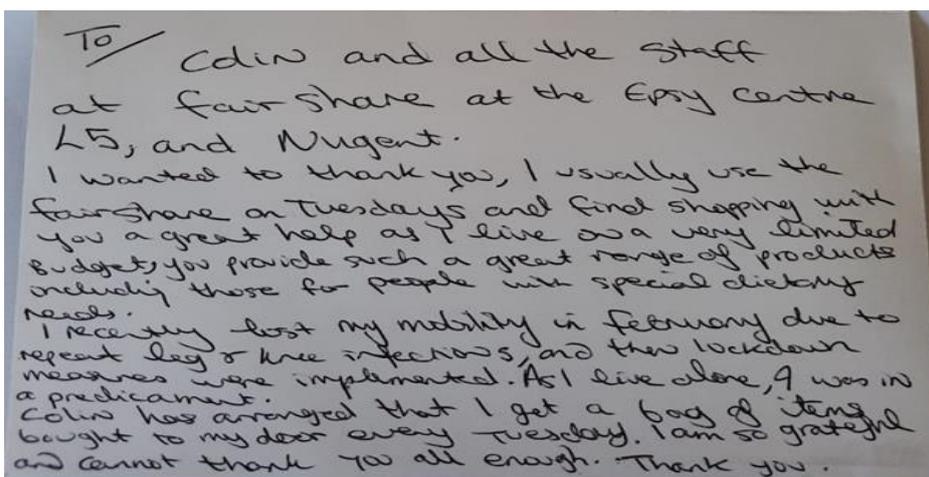
North Liverpool foodbank: "We helped a Mum with 5 children trying to cope on her own. She had been moved from the place that she was living due to domestic abuse and was trying to resettle and we have helped her over a number of weeks. The children were well looked after and she was able to receive enough food to be able to feed her children, with a number of treats and toiletries."

South Liverpool foodbank: "A client contacted us in need, having moved to the area with her children (Warbreck ward) to escape domestic abuse. She was eventually able to get to our Wavertree centre, with directions from my colleague enroute, and we gave her contact information for North Liverpool foodbank if she needed more help:

From the client: "Many thanks for the help you have given myself + my family with the food parcels from the foodbank. It has made a very, very big difference to us all (less hungry for one) and I was able to put a couple of meals together from the food that was given. Yesterday I made a tuna pasta bake, very basic but tasty. Kids totally enjoyed having the tinned rice pudding as their pudding for the desert, something they haven't had is a pudding in a long time. (There were smiles from my table off the kids). I had also some tin potatoes + peas + hot dog sausages from the foodbank parcels too - that was another main meal - I added some gravy, we very much enjoyed. Also I made some homemade veg soup. We are all very grateful to you in putting us in touch + helping us. I was in despair and didn't know what to do. I was very much in a mess + frightened. I was so stressed out + very tired + very depressed. It has really helped. Thank you once again. I did break down when I got there, a big emotional outburst, release from myself. Just to find the place was a miracle. Thank you"

L11 Food Hub: "This is a family, single mum with 2 young children. Mum was directed to the L11 Hub from the Children's Centre as she has been unable to work for previous 2 weeks, due to lack of childcare, with 1 child having to isolate from school bubble. Mum was unable to return to work during half term as she had developed symptoms and was awaiting test results, she phoned the L11 Hub, and was quite distressed at having to ask for help, but she was running low on food and toiletries. The hub delivered shopping including, meat, fresh fruit/veg, basics, toiletries and cleaning products, and will follow up weekly until mum has returned to work."

Nugent Care including Epsom Street Community Market: "Mandy is a local resident who has been self-isolating since March do to having major surgery. Mandy lives alone and has been receiving weekly food support from EPSY, she sent the letter below, she thanks us for the support and tells us that she is on a very limited budget and she welcomes the great range of items at the market even catering for people with special dietary needs."



To / Colin and all the staff
at Fair Share at the Epsy Centre
L5, and Nugent.
I wanted to thank you, I usually use the
Fairshare on Tuesdays and find shopping with
you a great help as I live on a very limited
budget, you provide such a great range of products
including those for people with special dietary
needs.
I recently lost my mobility in February due to
repeat leg & knee infections, and then lockdown
measures were implemented. As I live alone, I was in
a predicament.
Colin has arranged that I get a bag of items
bought to my door every Tuesday, I am so grateful
and cannot thank you all enough. Thank you.

Kensington Fields Community Association: "Just been to the Kenny Fields, thank you so much this helps a lot! I have an 8yr old but get nothing for him and his dad keeps all the benefits. Absolute nightmare living off what I'm on. Felt a bit embarrassed and full of anxiety but the people in the centre were lovely and made me feel comfortable. Thank you"

5. Looking ahead: Winter Boost project

Over the next three months, North Liverpool foodbank, South Liverpool foodbank and Micah Liverpool expect to distribute over 6000 food parcels to vulnerable households across Liverpool.

Feeding Liverpool's Winter Boost project will ensure that in addition to the existing food parcel provision, these households also receive fresh fruit, vegetables, eggs and tinned fish with each food parcel for 12 weeks this winter.

The aim of this project is to support and boost the vitamin and mineral intake of vulnerable adults and children across the city this winter.

This project has been kindly supported by: Food Power, UNICEF, Feeding Britain and Together Liverpool, and developed in conjunction with: North Liverpool foodbank, South Liverpool foodbank and Micah Liverpool.

6. Briefing note: Recently unemployed and first time foodbank use

Feeding Liverpool were asked to produce a briefing paper collating evidence on the recently unemployed and first time foodbank use. This briefing paper is available at:

<http://www.feedingliverpool.org/policy-documents>

Table 1

Organisation	Type	Feeding Liverpool support October 2020	What was the money spent on?
North Liverpool foodbank	Foodbank	1000	Ambient goods
South Liverpool foodbank	Foodbank	1000	Ambient goods
L11 Food Hub	Emergency food parcels and support of local play scheme	483.97	Ambient goods
SACN Pantries	Longer term food insecurity initiative	1500	Chilled meat and fresh fruit and vegetables
Nugent Care including Epsom Street	Longer term food insecurity initiative	940.96	Ambient goods
KFCA	Holidays hunger initiative	132.87	Fresh fruit, eggs, potatoes and ambient goods
TOTAL		5057.80	

Carried forward to November: £46.96

Table 2

Organisation	Food parcels*	Food parcels to households with children	Unique Households supported	Unique families supported	Cooked Meals (all)	Cooked meals (children)	Feeding Liverpool support % of organisation food supply
North Liverpool Foodbank	497	192	484	188			5%
South Liverpool foodbanks	407	160	319	130			7%
L11 Food Hub	115	86	43	32			30%
SACN Pantries	901	**	377	163			15%
Nugent Care	378	116	128	29			33%
KFCA	182	125	182	125	85	54	**
Total	2480	670	1533	667	85	54	Average: 18%

*The amount of meals in a food parcel varies between organisations, it ranges between 6 - 15 meals

**Figures could not be reported this month