1. If you are claiming benefits and think that you are entitled to a Cost of Living Payment, you don't need to do anything. You'll get the payments automatically. To find out more visit: [Cost of Living Payment - GOV.UK (www.gov.uk)](https://www.gov.uk/guidance/cost-of-living-payment)
2. The first instalment of the £650 Cost of Living Payments will be paid automatically to eligible people, between 14 - 31 July. The remaining £324 will be paid in autumn. To find out more visit: [Cost of Living Payment - GOV.UK (www.gov.uk)](https://www.gov.uk/guidance/cost-of-living-payment)
3. Did you know that households on means tested benefits, including Universal Credit and Pension Credit, will receive a payment of £650 this year? This will be made automatically in two instalments - the first of which will be paid between 14 - 31 July. To find out more visit: [Cost of Living Payment - GOV.UK (www.gov.uk)](https://www.gov.uk/guidance/cost-of-living-payment)